

For Parents, By Parents

The Children & Youth Branch in the N.C. Division of Public Health has assembled a group of parent leaders trained in the nationally recognized, research-based curriculum, **Parents as Collaborative Leaders**. These parents are passionate about teaching others who have children with a variety of special health care needs and/or developmental concerns to become effective leaders in their communities. These trainings have been used to support parents being more active and confident at the table in a variety of educational, medical, and community settings. The 10 one-hour trainings are offered at no cost, as a whole series, or select modules according to your group's needs. Trainings are also available in Spanish.



For more information or to schedule trainings for your group, please contact:

Christy Moore

Family Liaison Specialist
N.C. Department of Health and Human Services
Division of Public Health - Children and Youth Branch

Christy.Moore@dhhs.nc.gov
919-707-5605



Public Health
HEALTH AND HUMAN SERVICES

State of North Carolina
Department of Health and Human Services
Division of Public Health
www.ncdhhs.gov | <http://publichealth.nc.gov>
N.C. DHHS is an equal opportunity employer and provider.

500 copies of this public document were printed at a total cost of \$262.42 or \$0.52484 per copy. 1/2016

EMPOWER EDUCATE COLLABORATE



**A skill building
opportunity
for parents,
by parents.**



Working together to improve outcomes for our children with special health care needs and/or developmental concerns

Module Overview

Module 1: Parents as Leaders

- Define leadership as it relates to participants and their current and future roles as parent leaders.
- Describe the critical roles that parents have played in the history of education of children with special needs.
- Share personal concerns regarding parents' roles as leaders and advocates.



Module 2: MAPS (*Making Action Plans System*) for Leadership

- Complete MAPS for the purpose of tracing one's history, dreams, fears, qualities, strengths, and needs as a parent leader.
- Use MAPS results to create an action plan related to leadership development.

Module 3: Critical Elements of Collaboration

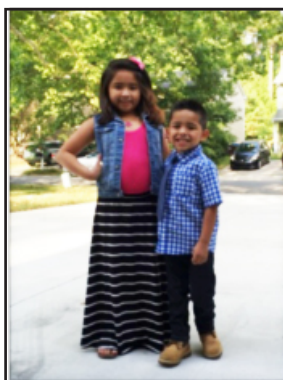
- Define collaboration as it relates to parent leadership and collaboration in a variety of settings.
- Learn about the defining characteristics and principles of collaboration.
- Define the elements of an effective collaborative teaming process.
- Identify the stages of team development.

Module 4: Stages of Group Development

- Learn about the four stages of team development.
- Recognize the characteristics and challenges encountered at each stage of development.
- Outline strategies for team leaders and other members to help teams move through the stages of team development.

Module 5: Tips for Leading Effective Team Meetings

- Learn strategies and processes that teams can use to structure and facilitate effective meetings.

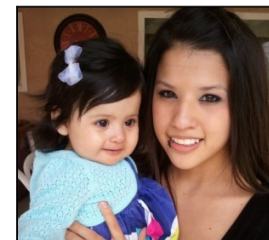


Module 6: Listening and Asking Clarifying Questions

- Define the importance of listening and asking clarifying questions in collaborative teaming settings.
- Demonstrate the ability to use the skills of listening and asking clarifying questions in role play situations.

Module 7: Understanding Conflict

- Define various approaches to dealing with conflict.
- Understand the uses, strengths and limitations of various approaches to conflict.
- Reflect on personal strengths and challenges in relation to conflict, and the ways in which these can enhance or serve as a barrier to effective leadership and collaboration.



Module 8: Re-Framing Agendas: From the Personal to the Policy Level

- Identify the difference between a personal concern and a policy concern.
- Demonstrate the ability to re-state personal concerns as policy issues.
- Demonstrate the ability to describe your policy issue to a person whose support you need to make changes in policy.

Module 9: Solving Problems in Groups

- Identify the steps needed to engage in effective group problem-solving.
- Participate in a group problem-solving activity related to participants' issues.

Module 10: Understanding Diversity

- Identify ways each of us represents some form of diversity.
- Define the benefits and challenges of collaboration involving people from diverse backgrounds.
- Consider ways to promote the benefits of diversity in future collaborative situations.